

MEDICAL INFORMATION

NAVAJO MISSION TRIP 2026

Health Risk

Participation in the mission trip may involve exposure to health risks, including but not limited to infectious diseases, such as COVID-19 or other emerging illnesses.

Participants will comply with all health and safety instructions, verbal or written, provided by Southwestern Adventist University, local authorities, and health officials. This includes, but is not limited to, wearing protective equipment when required, practicing good hygiene, participating in health screenings, and adhering to quarantine or isolation protocols if necessary.

Failure to follow these guidelines may result in removal from certain activities or the trip itself (at my expense), in order to protect the health and safety of the group and the communities we serve.

Insurance

All mission trip participants are required to have personal health insurance coverage. This may be through an individual policy, a parent or guardian's policy (for minors), or through Southwestern Adventist University if the participant is an enrolled SWAU student. While supplemental trip insurance is provided by the organization, it is secondary coverage. Your personal insurance will be the primary coverage used in the event of a claim, with the supplemental insurance applying only after personal coverage limits are reached. All participants will be provided with an electronic copy of their supplemental insurance prior to the trip.

Medical information

1. Shots: It is recommended that everyone have an up-to-date tetanus shot. Sunburn: People can get sunburned on work sites even in the winter. Bring appropriate lotion for yourself.
2. Medical Conditions, Diabetic and Allergy care: People who have allergies or diabetic conditions should come prepared with all medications needed for the entire stay.
3. Poison Ivy, Bee Stings, etc.: If someone in the group has a history of reactions, they should ask their doctor for a prescription to take along just in case. This is also true of asthma and similar conditions.